

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Dooren Glenn

Coaches: Vanhaesebroeck Nicolas

Coaches: Neiryndck Jan

Coaches: Dekker Tamiko

Coaches: Faes Sandra HEADCOACH

Coaches: Wouters Ivan

Coaches: Blaton Joke

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY WOMEN 11+ Heat:3, starttime: 09:02

Heat: 3/6 Lane : 3 Athlete: DIRICKX FINNE		Q-time: 00:38:85	
PB (25m pool): 00:39.03 Nijlen 01/03/2026		PB (50m pool): 00:46.74 SB: 00:39.03 Nijlen 01/03/2026	
	2 5 M	5 0 M	
PB		00:39.03	
		00:39.03	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+ Heat:4, starttime: 09:04

Heat: 4/6 Lane : 1 Athlete: WYNANTS FRÉ		Q-time: 00:38:11	
PB (25m pool): 00:38.69 Herentals 17/05/2025		PB (50m pool): 00:38.11 SB: 00:39.00 Hoogstraten 28/09/2025	
	2 5 M	5 0 M	
PB		00:38.69	
		00:38.69	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+ Heat:4, starttime: 09:04

Heat: 4/6 Lane : 2 Athlete: GEELLEN GUUSJE		Q-time: 00:36:71	
PB (25m pool): 00:36.71 Nijlen 01/03/2026		PB (50m pool): 00:37.85 SB: 00:36.71 Nijlen 01/03/2026	
	2 5 M	5 0 M	
PB		00:36.71	
		00:36.71	
			

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 09:04
Heat: 4/6 Lane : 7 Athlete: VAN CAUWENBERGE NORAH			Q-time: 00:37:54
PB (25m pool): 00:37.54 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:37.54 SB: 00:37.54 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M	
PB		00:37.54	
		00:37.54	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 09:06
Heat: 5/6 Lane : 6 Athlete: BASSTANIE LIENE			Q-time: 00:33:57
PB (25m pool): 00:33.57 Nijlen 16/11/2025 PB (50m pool): 00:34.06 SB: 00:33.57 Nijlen 16/11/2025			
	2 5 M	5 0 M	
PB		00:33.57	
		00:33.57	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 09:06
Heat: 6/6 Lane : 2 Athlete: DELIEN FLOOR			Q-time: 00:31:09
PB (25m pool): 00:31.09 Nijlen 16/11/2025 PB (50m pool): 00:31.41 SB: 00:31.09 Nijlen 16/11/2025			
	2 5 M	5 0 M	
PB		00:31.09	
		00:31.09	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 09:08
Heat: 2/5 Lane : 3 Athlete: CAMBRé ARTHUR			Q-time: 00:39:33
PB (25m pool): 00:42.08 Temse 17/11/2025 PB (50m pool): 00:39.33 SB: 00:42.08 Temse 17/11/2025			
	2 5 M	5 0 M	
PB		00:42.08	
		00:42.08	
			

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 09:08
Heat: 2/5 Lane : 5 Athlete: GISCA DANIIL			Q-time: 00:38:16
PB (25m pool): 00:38.16 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:38.16 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:38.16	
		00:38.16	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 09:10
Heat: 3/5 Lane : 5 Athlete: THIJSBAERT NIO			Q-time: 00:33:13
PB (25m pool): 00:33.13 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:32.85 SB: 00:33.13 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	
PB		00:33.13	
		00:33.13	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 09:12
Heat: 4/5 Lane : 4 Athlete: WYNANTS WARD			Q-time: 00:29:27
PB (25m pool): 00:29.53 Nijlen 16/11/2025			PB (50m pool): 00:29.27 SB: 00:29.53 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:29.53	
		00:29.53	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 09:12
Heat: 4/5 Lane : 6 Athlete: VAN EGDOM SIEB			Q-time: 00:30:62
PB (25m pool): 00:30.62 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:30.62 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:30.62	
		00:30.62	
			

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 09:12
Heat: 4/5 Lane : 7 Athlete: VERDONCK STAN			Q-time: 00:30:93
PB (25m pool): 00:30.93 Temse 17/11/2025			PB (50m pool): 00:31.36 SB: 00:30.93 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:30.93	
		00:30.93	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 09:12
Heat: 5/5 Lane : 1 Athlete: KEKEC SAMIR			Q-time: 00:28:97
PB (25m pool): 00:28.97 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:29.55 SB: 00:28.97 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	
PB		00:28.97	
		00:28.97	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 09:12
Heat: 5/5 Lane : 4 Athlete: SNEYERS KOBE			Q-time: 00:26:71
PB (25m pool): 00:26.71 Herentals 17/05/2025			PB (50m pool): 00:28.46 SB: 00:27.69 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:26.71	
		00:26.71	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 09:12
Heat: 5/5 Lane : 6 Athlete: SNEYERS LIAM			Q-time: 00:27:91
PB (25m pool): 00:27.91 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:33.59 SB: 00:28.31 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	
PB		00:27.91	
		00:27.91	
			

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 3: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 09:18	
Heat: 2/6 Lane : 4 Athlete: VAN GINKEL KAAT							Q-time: 02:55:80	
PB (25m pool): 02:55.80 Nijlen 01/03/2026				PB (50m pool): 03:10.88SB: 02:55.80 Nijlen 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.97		01:25.02		no time		02:55.80
	00:39.97		00:45.05					
								

Coach feedback:

Event number: 3: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 09:26	
Heat: 4/6 Lane : 3 Athlete: GEELEN GUUSJE							Q-time: 02:30:30	
PB (25m pool): 02:30.30 Nijlen 01/03/2026				PB (50m pool): 02:31.23SB: 02:30.30 Nijlen 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.75		01:11.63		no time		02:30.30
	00:33.75		00:37.88					
								

Coach feedback:

Event number: 4: 200M FREESTYLE MEN 11+							Heat:2, starttime: 09:40	
Heat: 2/6 Lane : 5 Athlete: LENAERTS RUBEN							Q-time: 02:47:06	
PB (25m pool): 02:47.06 Nijlen 01/03/2026				PB (50m pool): no time SB: 02:47.06 Nijlen 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.51		01:20.79		no time		02:47.06
	00:37.51		00:43.28					
								

Coach feedback:

Event number: 4: 200M FREESTYLE MEN 11+							Heat:3, starttime: 09:44	
Heat: 3/6 Lane : 2 Athlete: CAMBRé ARTHUR							Q-time: 02:35:66	
PB (25m pool): 02:35.66 Nijlen 01/03/2026				PB (50m pool): 02:48.93SB: 02:35.66 Nijlen 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.64		01:16.01		no time		02:35.66
	00:35.64		00:40.37					
								

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 4: 200M FREESTYLE MEN 11+							Heat:5, starttime: 09:50	
Heat: 5/6 Lane : 5 Athlete: KEKEC SAMIR							Q-time: 02:08:67	
PB (25m pool): 02:08.67 Nijlen 01/03/2026				PB (50m pool): 02:14.56 SB: 02:08.67 Nijlen 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.66		01:02.09		no time		02:08.67
	00:29.66		00:32.43					
								

Coach feedback:

Event number: 4: 200M FREESTYLE MEN 11+							Heat:6, starttime: 09:52	
Heat: 6/6 Lane : 4 Athlete: VAN EGDOM WOUT							Q-time: 01:52:18	
PB (25m pool): 01:51.23 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 01:55.00 SB: 01:52.18 TEMSE 23/11/2025								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:25.69		00:54.03		01:22.80		01:51.23
	00:25.69		00:28.34		00:28.77		00:28.43	
								

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+										Heat:3, starttime: 10:00	
Heat: 3/6 Lane : 2 Athlete: VAN GINKEL LOES										Q-time: 00:42:61	
PB (25m pool): 00:42.61 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: 00:42.61 Stedelijk Zwembad Geel 15/02/2026											
PB	2 5 M		5 0 M								
			00:42.61								
			00:42.61								
											

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+							Heat:3, starttime: 10:00		
Heat: 3/6 Lane : 5 Athlete: DIRICKX FINNE							Q-time: 00:40:58		
PB (25m pool): 00:40.58 Stedelijk Zwembad Geel 15/02/2026							PB (50m pool): no time SB: 00:40.58 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M		5 0 M						
PB			00:40.58						
			00:40.58						
									

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 10:00
Heat: 3/6 Lane : 6 Athlete: VAN CAUWENBERGE NORAH			Q-time: 00:41:85
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 10:00
Heat: 3/6 Lane : 8 Athlete: VAN GINKEL KAAT			Q-time: 00:43:83
PB (25m pool): 00:43.83 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): no time SB: 00:43.83 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	
PB		00:43.83	
	00:43.83		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 10:04
Heat: 6/6 Lane : 3 Athlete: DELIEN FLOOR			Q-time: 00:32:04
PB (25m pool): 00:32.04 Antwerpen 12/10/2025			PB (50m pool): 00:33.11 SB: 00:32.04 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:32.04	
	00:32.04		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 10:24
Heat: 2/5 Lane : 5 Athlete: LENAERTS RUBEN			Q-time: 00:44:86
PB (25m pool): 00:46.19 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:46.19 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:46.19	
	00:46.19		
			

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 6: 50M BACKSTROKE MEN 11+				Heat:4, starttime: 10:28			
Heat: 4/5 Lane : 1 Athlete: THIJSBAERT NIO				Q-time: 00:36:03			
PB (25m pool): 00:36.03 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): no time SB: 00:36.03 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M					
PB		00:36.03					
		00:36.03					
							

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+				Heat:4, starttime: 10:28			
Heat: 4/5 Lane : 8 Athlete: GISCA DANIIL				Q-time: 00:36:42			
PB (25m pool): 00:36.42 Nijlen 16/11/2025				PB (50m pool): 00:36.71 SB: 00:36.42 Nijlen 16/11/2025			
	2 5 M	5 0 M					
PB		00:36.42					
		00:36.42					
							

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+				Heat:5, starttime: 10:28			
Heat: 5/5 Lane : 2 Athlete: VAN DOOREN WARRE				Q-time: 00:29:32			
PB (25m pool): 00:29.32 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): 00:29.88 SB: 00:29.32 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M					
PB		00:29.32					
		00:29.32					
							

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+				Heat:5, starttime: 10:28			
Heat: 5/5 Lane : 3 Athlete: SNEYERS KOBE				Q-time: 00:28:29			
PB (25m pool): 00:28.25 Mol 15/10/2023				PB (50m pool): 00:30.38 SB: 00:28.56 Nijlen 16/11/2025			
	2 5 M	5 0 M					
PB		00:28.25					
		00:28.25					
							

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 6: 50M BACKSTROKE MEN 11+				Heat:5, starttime: 10:28			
Heat: 5/5 Lane : 4 Athlete: VAN EGDOM WOUT				Q-time: 00:27:09			
PB (25m pool): 00:27.09 Nijlen 16/11/2025				PB (50m pool): 00:28.23 SB: 00:27.09 Nijlen 16/11/2025			
	2 5 M	5 0 M					
PB		00:27.09					
		00:27.09					
							

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+				Heat:5, starttime: 10:28			
Heat: 5/5 Lane : 5 Athlete: SNEYERS LIAM				Q-time: 00:28:21			
PB (25m pool): 00:27.93 Stedelijk Zwembad Geel 11/02/2024				PB (50m pool): 00:28.89 SB: 00:28.36 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M					
PB		00:27.93					
		00:27.93					
							

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+				Heat:5, starttime: 10:28			
Heat: 5/5 Lane : 8 Athlete: VAN EGDOM SIEB				Q-time: 00:31:98			
PB (25m pool): 00:31.98 Antwerpen 12/10/2025				PB (50m pool): 00:34.13 SB: 00:31.98 Antwerpen 12/10/2025			
	2 5 M	5 0 M					
PB		00:31.98					
		00:31.98					
							

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 10:36	
Heat: 2/4 Lane : 3 Athlete: VAN GINKEL LOES							Q-time: 04:07:97	
PB (25m pool): 04:07.97 TEMSE 23/11/2025			PB (50m pool): no time SB: 04:07.97 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:56.50		02:01.24		03:05.73		04:07.97
	00:56.50		01:04.74		01:04.49		01:02.24	
								

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 7: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 10:40	
Heat: 3/4 Lane : 8 Athlete: WYNANTS FRé							Q-time: 03:36:16	
PB (25m pool): 03:36.16 Aarschot 04/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.34		01:44.55		no time		03:36.16
	00:49.34		00:55.21					
								

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 11:00	
Heat: 4/4 Lane : 1 Athlete: VERDONCK STAN							Q-time: 02:49:68	
PB (25m pool): 02:50.85 Antwerpen 12/10/2025				PB (50m pool): 02:49.68SB: 02:50.85 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.70		01:24.20		02:08.31		02:50.85
	00:38.70		00:45.50		00:44.11		00:42.54	
								

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 11:00	
Heat: 4/4 Lane : 3 Athlete: WYNANTS WARD							Q-time: 02:42:13	
PB (25m pool): 02:42.13 Antwerpen 12/10/2025				PB (50m pool): 02:52.41 SB: 02:42.13 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.48		01:18.03		02:00.65		02:42.13
	00:36.48		00:41.55		00:42.62		00:41.48	
								

Coach feedback:

Event number: 9: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 11:04	
Heat: 1/3 Lane : 5 Athlete: BASSTANIE LIENE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 9: 400M MEDLEY WOMEN 11+							Heat:2, starttime: 11:10	
Heat: 2/3 Lane : 7 Athlete: VERMAELEN MIYA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 50: 4x200M FREESTYLE MEN 11+							Heat:1, starttime: 11:24	
Heat: 1/1 Lane : 4 Athlete: TEAM ZN 1							Q-time: 08:02:00	
PB (25m pool):			PB (50m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								
								

Coach feedback: